

Zeeland Elementary Schools
Lunch Menu
September 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>VALUE LUNCH PRICES (Includes Milk) \$2.60 full pay \$0.40 reduced pay Adult Meal \$3.95 Milk Only 60¢ for all students</p>				<p>Available Daily: Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Celery Optional Fruit Choice</p>
Week 1	3 No School Labor Day	4 A. Mini Corn Dogs B. Bosco Sticks(2) w/ Marinara C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Corn Peaches	5 A. Pepperoni Pizza B. Chicken Nuggets & Wheat Roll w/ Margarine C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Smile Potatoes Pears	6 A. Taco's (2) B. Ham & Cheese Croissant C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Baked Beans Pineapple	7 A. Chicken Fries & Cheddar Pretzel Bosco B. Cheese Omelet & Cinnamon Roll C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Carrots Sidekick Frozen Treat
Week 2	10 A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Hashbrown Starz Peaches	11 A. Turkey Gravy & Wheat roll w/ Margarine B. Chicken Rings C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Whipped Potatoes Applesauce	12 A. Whole Grain Pancakes and (2) Sausage Links B. Baked Mozzarella Sticks & Marinara C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Carrots Pineapple	13 A. Beef Fiestada B. Chicken Fajitas C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Baked Beans Watermelon	14 A. Pepperoni Pizza B. Cheese Quesadilla C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Broccoli Pears
Week 3	17 A. Chicken Leg & Dinner Roll B. Corn Dog C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Corn Peaches	18 A. Mac & Cheese B. Cheeseburger on Bun C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Spinach, Romaine & Red Beans Mixed Fruit	19 A. Apple Cinnamon French Toast & (2) Sausage Links B. French Bread Cheese Pizza C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Fresh Red Peppers Pineapple	20 A. Popcorn Chicken & Corn Bread Mini Loaf B. Turkey & Cheese on Croissant C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Crinkle Cut French Fries Diced Pears w/ Kiwi	21 ½ Day No Lunch
Week 1	24 A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Broccoli Mandarin Oranges	25 A. Meatballs in Gravy & Roll B. Chicken Nuggets & Roll C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Whipped Potatoes Applesauce	26 A. Burrito B. Cheeseburger Sliders C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Smile Potatoes Pears	27 A. Nachos Supreme B. Pizza Sticks & Marinara C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Baked Beans Pineapple	28 A. Cheese Omelet & Cinnamon Roll B. Pepperoni Pizza C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Carrots Sidekick Frozen Treat


Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

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Breakfast Menu

September 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	BREAKFAST PRICES (Includes Milk) \$2.10 full pay \$0.30 reduced pay Adult Meal \$2.85 Milk Only 60¢ for all students				Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing
Week 1	3 No School Labor Day	4 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & String Cheese Fruit choice: Pears	5 A. Bosco Breakfast Stick B. Cereal & Teddy Grahams Fruit choice: Pineapple	6 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	7 A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches
Week 2	10 A. Maple Waffle & Syrup B. Cereal & Teddy Grahams Fruit choice: Diced Pears	11 A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	12 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	13 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	14 A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Fruit choice: Mixed Fruit
Week 3	17 A. Ultimate Breakfast Round B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	18 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	19 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fruit Choice: Raisins	20 A. Cherry Filled Frudel B. Cereal & Teddy Grahams Fruit Choice: Diced Pears	21 A. Apple Cinnamon Texas Toast B. Cereal & Cheese Stick Fruit Choice: Applesauce
Week 1	24 A. Apple Frudel B. Cereal & WG Pop-tart Fruit choice: Mixed Fruit	25 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & String Cheese Fruit choice: Pears	26 A. Bosco Breakfast Stick B. Cereal & Teddy Grahams Fruit choice: Pineapple	27 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	28 A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches

This institution is an equal opportunity provider.

Lunch accounts can be paid at school with cash or check or
online at www.sendmoneytoschool.com

Free & Reduced Lunch Applications can be submitted online at www.lunchapp.com If you do not have access to the internet you can request a printed application from your school office.