

Zeeland Elementary Schools

Lunch Menu

October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Week 1	A. Cheeseburger on a Bun B. Beef Fiestada Pizza C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Broccoli Mandarin Oranges	A. Mini Corn Dogs B. Bosco Sticks(2) w/ Marinara C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Corn Peaches	A. Pepperoni Pizza B. Grilled Chicken Sandwich C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Smile Potatoes Pears	A. Taco's B. Ham & Cheese Croissant C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Baked Beans Pineapple	A. Chicken Fries & Cheddar Pretzel Bosco B. Cheese Omelet & Cinnamon Roll C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Carrots Sidekick Frozen Treat
	8	9	10	11	12
Week 2	A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Hashbrown Starz Peaches	A. Turkey Gravy & Wheat roll w/ Margarine B. Chicken Rings & Roll C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Whipped Potatoes Applesauce	A. Whole Grain Pancakes and (2) Sausage Links B. Baked Mozzarella Sticks & Marinara C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Carrots Pineapple	A. Personal Pan Cheese Pizza B. Chicken Fajitas C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Baked Beans Watermelon	½ Day No Lunch
	15	16	17	18	19
Week 3	A. Chicken Leg & Dinner Roll B. Corn Dog C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Corn Peaches	A. Mac & Cheese & Roll B. Cheeseburger on Bun C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Spinach, Romaine & Red Beans Mixed Fruit	A. Apple Cinnamon French Toast & (2) Sausage Links B. French Bread Cheese Pizza C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Fresh Red Peppers Pineapple	A. Popcorn Chicken & Corn Bread Mini Loaf B. Turkey & Cheese on Croissant C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Crinkle Cut French Fries Diced Pears w/ Kiwi	A. Pepperoni Pizza B. Cheese Quesadilla C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Broccoli Pears
	22	23	24	25	26
Week 4	A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Broccoli Mandarin Oranges	A. Meatballs in Gravy & Roll B. Chicken Nuggets & Roll C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Whipped Potatoes Applesauce	A. Burrito B. Cheeseburger Sliders C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Smile Potatoes Pears	A. Nachos Supreme B. Pizza Sticks & Marinara C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Baked Beans Pineapple	A. Cheese Omelet & Cinnamon Roll B. Pepperoni Pizza C. Yogurt, String Cheese, Goldfish Crackers & Muffin Sides: Carrots Sidekick Frozen Treat
	29	30	31		
Week 1	A. Cheeseburger on a Bun B. Beef Fiestada Pizza C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Broccoli Mandarin Oranges	A. Mini Corn Dogs B. Bosco Sticks(2) w/ Marinara C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Corn Peaches	A. Pepperoni Pizza B. Grilled Chicken Sandwich C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish Sides: Emoji Smile Potatoes Pears	VALUE LUNCH PRICES (Includes Milk) \$2.60 full pay \$0.40 reduced pay Adult Meal \$3.95 Milk Only 60¢ for all students	Available Daily: Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Celery Optional Fruit Choice 

Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Zeeland Elementary Schools
Breakfast Menu
October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1 A. Apple Frudel B. Cereal & WG Pop-tart Fruit choice: Mixed Fruit	2 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & String Cheese Fruit choice: Pears	3 A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Fruit choice: Pineapple	4 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	5 A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches
Week 2	8 A. Maple Waffle & Syrup B. Cereal & Teddy Grahams Fruit choice: Diced Pears	9 A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	10 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	11 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	12 A. Sausage & Cheese on English Muffin B. Cereal & Cheese Stick Fruit choice: Mixed Fruit
Week 3	15 A. Breakfast Sausage Pizza B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	16 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	17 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fruit Choice: Raisins	18 A. Cherry Filled Frudel B. Cereal & Teddy Grahams Fruit Choice: Diced Pears	19 A. Apple Cinnamon Texas Toast B. Cereal & Cheese Stick Fruit Choice: Applesauce
Week 1	22 A. Apple Frudel B. Cereal & WG Pop-tart Fruit choice: Mixed Fruit	23 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & String Cheese Fruit choice: Pears	24 A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Fruit choice: Pineapple	25 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	26 A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches
Week 2	29 A. Maple Waffle & Syrup B. Cereal & Teddy Grahams Fruit choice: Diced Pears	30 A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	31 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	BREAKFAST PRICES (Includes Milk) \$2.10 full pay \$0 .30 reduced pay Adult Meal \$2.85 Milk Only 60¢ for all students	Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing

This institution is an equal opportunity provider.

Lunch accounts can be paid at school with cash or check or online at www.sendmoneytoschool.com

Free & Reduced Lunch Applications can be submitted online at www.lunchapp.com If you do not have access to the internet you can request a printed application from your school office.