


Zeeland Elementary Schools
Lunch Menu
November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>VALUE LUNCH PRICES (Includes Milk) \$2.60 full pay \$0.40 reduced pay</p> <p>Adult Meal \$3.95</p> <p>Milk Only 60 cents</p>	<p>Available Daily:</p> <p>Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Celery Optional Fruit Choice</p>		<p>1</p> <p>A. Taco's B. Ham & Cheese Croissant C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish</p> <p>Sides: Baked Beans Pineapple</p>	<p>Cookie Monster's Birthday²</p> <p>A. Chicken Fries & Cheddar Pretzel Bosco B. Cheese Omelet & Cinnamon Roll C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish</p> <p>Sides: Carrots, Sidekick Frozen Treat & Choc. Chip Cookies</p>
Week 2	<p>5</p> <p>A. Sloppy Joe on Bun B. Hot Dog on Bun C. Chef Salad & 2 Dinner Rolls</p> <p>Sides: Hashbrown Starz Peaches</p>	<p>6</p> <p>A. Popcorn Chicken & Corn Bread Mini Loaf B. Turkey & Cheese on Croissant C. Chef Salad & 2 Dinner Rolls</p> <p>Sides: Crinkle Cut French Fries Diced Pears w/ Kiwi</p>	<p>7</p> <p>A. Whole Grain Pancakes and (2) Sausage Links B. Baked Mozzarella Sticks & Marinara C. Chef Salad & 2 Dinner Rolls</p> <p>Sides: Carrots Pineapple</p>	<p>8</p> <p style="text-align: center;">½ Day No Lunch</p>	<p>9</p> <p style="text-align: center;">No School Today</p>
Week 3	<p>National Pizza Day 12</p> <p>A. Pepperoni Pizza B. Cheese Quesadilla C. Yogurt, String Cheese, Goldfish Crackers & Muffin</p> <p>Sides: Broccoli Pears</p>	<p>13</p> <p>A. Mac & Cheese & Roll B. Cheeseburger on Bun C. Yogurt, String Cheese, Goldfish Crackers & Muffin</p> <p>Sides: Spinach, Romaine & Red Beans Mixed Fruit</p>	<p>14</p> <p>A. Apple Cinnamon French Toast & (2) Sausage Links B. French Bread Cheese Pizza C. Yogurt, String Cheese, Goldfish Crackers & Muffin</p> <p>Sides: Fresh Red Peppers Pineapple</p>	<p>Thanksgiving Meal 15</p> <p>A. Turkey Gravy & Wheat roll w/ Margarine B. Chicken Rings & Roll C. Yogurt, String Cheese, Goldfish Crackers & Muffin</p> <p>Sides: Whipped Potatoes Applesauce</p>	<p>16</p> <p>A. Chicken Leg & Dinner Roll B. Corn Dog C. Yogurt, String Cheese, Goldfish Crackers & Muffin</p> <p>Sides: Corn Peaches</p>
Week 4	<p>Mickey Mouse's Birthday 19</p> <p>A. Hot Diggity Dog on Bun B. Cheese Pizza C. Ham & Cheese Sub</p> <p>Sides: Pluto's Potato Smiles Minnie's Mandarin Oranges Sugar Cookie Treat</p>	<p>20</p> <p>A. Meatballs in Gravy & Roll B. Chicken Nuggets & Roll C. Ham & Cheese Sub</p> <p>Sides: Whipped Potatoes Applesauce</p>	<p>21</p> <p style="text-align: center;">No School</p>	<p>22</p> <p style="text-align: center;"></p>	<p>23</p> <p style="text-align: center;">No School</p>
Week 1	<p>26</p> <p>A. Cheeseburger on a Bun B. Beef Fiestada Pizza C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish</p> <p>Sides: Broccoli Mandarin Oranges</p>	<p>27</p> <p>A. Mini Corn Dogs B. Bosco Sticks(2) w/ Marinara C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish</p> <p>Sides: Corn Peaches</p>	<p>28</p> <p>A. Pepperoni Pizza B. Grilled Chicken Sandwich C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish</p> <p>Sides: Emoji Potatoes Pears</p>	<p>29</p> <p>A. Taco's B. Ham & Cheese Croissant C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish</p> <p>Sides: Baked Beans Pineapple</p>	<p>30</p> <p>A. Chicken Fries & Cheddar Pretzel Bosco B. Cheese Omelet & Cinnamon Roll C. Small Soybutter & Jam Sandwich, String Cheese & Cheddar Goldfish</p> <p>Sides: Carrots Sidekick Frozen Treat</p>

Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Zeeland Elementary Schools

Breakfast Menu

November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	BREAKFAST PRICES (Includes Milk) \$2.10 full pay \$0.30 reduced pay Adult Meal \$2.85 Milk Only 60¢ for all students	Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing		1 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	2 A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Diced Peaches
Week 2	5 A. Maple Waffle & Syrup B. Cereal & Teddy Grahams Fruit choice: Diced Pears	6 A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	7 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	8 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	9 <h2 style="font-size: 2em;">No School</h2>
Week 3	12 A. Breakfast Sausage Pizza B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	13 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	14 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fruit Choice: Raisins	15 A. Cherry Filled Frudel B. Cereal & Teddy Grahams Fruit Choice: Diced Pears	16 A. Apple Cinnamon Texas Toast B. Cereal & Cheese Stick Fruit Choice: Applesauce
Week 4	19 A. Eggo Mini Confetti Pancake Bites B. Pop-tart & Cheese stick Fruit Choice: Mandarin Oranges	20 A. Breakfast Sausage Pizza B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	21 <h2 style="font-size: 2em;">No School</h2>	22 <h2 style="font-size: 2em;">No School</h2>	23 <h2 style="font-size: 2em;">No School</h2>
Week 1	26 A. Apple Frudel B. Cereal & WG Pop-tart Fruit choice: Mixed Fruit	27 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & String Cheese Fruit choice: Diced Pears	28 A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Fruit choice: Pineapple	29 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	30 A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Diced Peaches

This institution is an equal opportunity provider.

Lunch accounts can be paid at school with cash or check or online at www.sendmoneytoschool.com

Free & Reduced Lunch Applications can be submitted online at www.lunchapp.com If you do not have access to the internet you can request a printed application from your school office.